Participant Initials

CODE OF CONDUCT

For the Health, Wellness, & Peace of Mind of All

Compliance

I will comply with all guidelines and facility rules written, posted, and communicated by the State of New Jersey and AE Fitness Montclair.
I will comply with direction from staff members while visiting AE Fitness Montlcair.

Self-Screening

I will ask myself the following questions before entering the facility each and every time:

- Within the past 14 days have I traveled to or from an identified COVID-19 hotspot?
- Within the past 14 days have I been diagnosed with COVID-19?
- Within the past 14 days have I had close contact or cared for someone who has been diagnosed with COVID-19 or suspected to have COVID-19?
- Within the past 24 hours have I experienced any of the following symptoms: fever (>100.4), cough, sore throat, shortness of breath, loss of taste or smell?

If I answer yes for any question, I will refrain from entering the facility for the safety of others.

Physical Distancing

I will keep a safe physical distance of 6 feet at a minimum from others in the facility.
I will respect the physical spacing of others while moving around the facility.

Personal Hygiene

I will wash my hands immediately upon entry.
I will santize my hands with hand sanitizer or wash my hands before and after touching equipment and other items throughout the faciliity.

Face Masks

I will wear a protective face mask at all times while indoors, except where doing so would inhibit my health.

Equipment Responsibilities

I will spray, wait a minimum of 60 seconds to allow the disinfectant to work, and wipe down all equipment before and after use.
I will return all equipment to the original location or designated drop area after use.

Personal Items

I will limit the amount of personal items I bring into the gym. Preferably, keys and a water bottle at most.
I will leave all non-essential personal items at home or in the car.

Participant Name (Printed) | Participant Signature | Date